



NUTRITIONAL and ALLERGY INFORMATION PANEL

MENU ITEM	ALLERGENS	Per Serve (g)	Energy (KJ)	Calories (Cal)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbs Total (g)	Carbs Sugars (g)	Sodium (mg)	Energy (KJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbs Total (g)	Carbs Sugars (g)	Sodium (mg)	
		Per Serve	Per Serve	Per Serve	Per Serve	Per Serve	Per Serve	Per Serve	Per Serve	Per Serve	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	
BEEF																		
Original Edge No Bun	G,E,Su	236	1360	324.4	18.9	21.4	6.4	14.8	8.2	908	576	8	9.1	2.7	6.3	3.5	385	
Original Edge White Bun	G,E,Sy,Su	336	2280	543.9	25.9	22.4	6.6	58.4	9.4	1470	678	7.7	6.7	2	17.4	2.8	438	
Original Edge Wrap	G,E,Su	316.5	2570	613.1	27	30.3	10.3	59	7.9	1580	814	8.5	9.6	3.3	18.6	2.5	500	
Original Edge Wholemeal	G,E,Sy,D,Su	336	2320	553.4	27.3	24	7.4	54.7	9.6	1500	691	8.1	7.2	2.2	16.3	2.9	447	
Feel The Cheese No Bun	D,G,Su	266	1640	391.2	26.8	24	14.6	17.6	12.5	1240	618	10.1	9	5.5	6.6	4.7	468	
Feel The Cheese White Bun	D,G,Sy,Su	366	2560	610.7	33.8	25	14.7	61.2	13.7	1810	700	9.2	6.8	4	16.7	3.7	494	
Feel The Cheese Wrap	D,G,Su	346.5	2860	682.3	34.8	32.8	18.4	61.8	11.8	1840	825	10	9.5	5.3	17.8	3.4	532	
Feel the Cheese Wholemeal	D,G,Sy,Su	366	2610	622.6	35.2	26.6	15.6	57.5	13.9	1840	712	9.6	7.3	4.3	15.7	3.8	502	
BBQ Bacon No Bun	G,E,Su	311	2080	496.2	30	34.8	11.5	17.3	10.9	1830	670	9.6	11.2	3.7	5.6	3.5	587	
BBQ Bacon White Bun	G,Sy,E,Su	411	3000	715.6	37	35.8	11.6	60.9	12.1	2390	730	9	8.7	2.8	14.8	2.9	582	
BBQ Bacon Wrap	G,E,Su	391.5	3290	784.8	38.1	43.8	15.4	60.9	9.9	2450	841	9.7	11.2	3.9	15.6	2.5	626	
BBQ Bacon Wholemeal	G,Sy,E,D,Su	411	3050	727.6	38.4	37.4	12.5	57.2	12.3	2420	741	9.3	9.1	3	13.9	3	589	
Mushroom Beef No Bun	D,G,E,Su	260	1620	386.5	25.4	24.4	10.6	16.6	11.2	925	623	9.8	9.4	4.1	6.4	4.3	356	
Mushroom Beef White Bun	D,G,E,Sy,Su	360	2540	605.9	32.4	25.4	10.7	60.2	12.3	1490	705	9	7.1	3	16.7	3.4	414	
Mushroom Beef Wrap	D,G,E,Su	350.5	2880	687.0	33.5	33.4	14.5	63	12.6	1650	821	9.6	9.5	4.1	18	3.6	470	
Mushroom Beef Wholemeal	D,G,E,Sy,D,Su	360	2580	615.5	33.8	27	11.6	56.4	12.6	1520	717	9.4	7.5	3.2	15.7	3.5	422	
Meat Lover No Bun	G,Sy,Su	337	2290	546.3	38.9	35.4	16.6	18	11.7	2120	678	11.5	10.5	4.9	5.4	3.5	630	
Meat Lover White Bun	G,Sy,Su	437	3200	763.4	45.9	36.4	16.7	61.6	12.9	2690	734	10.5	8.3	3.8	14.1	3	615	
Meat Lover Wrap	G,Sy,Su	427.5	3540	844.5	47	44.4	20.5	64.5	13.1	2850	829	11	10.4	4.8	15.1	3.1	666	
Meat Lover Wholemeal	G,Sy,D,Su	437	3250	775.3	47.3	38	17.6	57.9	13.1	2720	744	10.8	8.7	4	13.3	3	622	
Okker No Bun	D,G,E,Su	415	2540	605.9	35.7	40.5	15.3	25.4	19.9	1810	611	8.6	9.8	3.7	6.1	4.8	436	
Okker White Bun	D,G,E,Sy,Su	515	3460	825.4	42.7	41.5	15.4	69	21.1	2370	671	8.3	8.1	3	13.4	4.1	461	
Okker Wrap	D,G,E,Su	505.5	3790	904.1	43.9	49.5	19.2	71.9	21.4	2530	751	8.7	9.8	3.8	14.2	4.2	501	
Okker Wholemeal	D,G,E,Sy,Su	515	3500	834.9	44.1	43.1	16.3	65.3	21.3	2400	679	8.6	8.4	3.2	12.7	4.1	466	
Colossal Beef No Bun	D,G,E,Su	316	2280	543.9	30.6	40.5	15.1	15.4	8.8	1530	720	9.7	12.8	4.8	4.9	2.8	486	
Colossal Beef White Bun	D,G,E,Sy,Su	416	3200	763.4	37.6	41.5	15.2	59	10	2100	768	9	10	3.7	14.2	2.4	504	
Colossal Beef Wrap	D,G,E,Su	401.5	3500	834.9	38.7	49.4	19	59.7	8.6	2210	871	9.6	12.3	4.7	14.9	2.2	551	
Colossal Beef Wholemeal	D,G,E,Sy,Su	416	3240	772.9	39	43.1	16.1	55.4	10.2	2130	779	9.4	10.3	3.9	13.3	2.5	511	
Mexican No Bun	G,Sy,Su	291.2	1570	374.5	24.9	24.2	9.8	13.9	6.1	1360	539	8.6	8.3	3.4	4.8	2.1	468	
Mexican White Bun	G,Sy,Su	391.2	2490	594.0	31.9	25.2	9.9	57.5	7.3	1930	636	8.2	6.4	2.5	14.7	1.9	492	
Mexican Wrap	G,Sy,Su	371.3	2790	665.6	32.9	32.9	13.6	58.7	6.7	1990	751	8.8	8.9	3.7	15.8	1.8	536	
Mexican Wholemeal	G,Sy,D,Su	391.2	2530	603.5	33.3	26.8	10.8	53.8	7.5	1960	648	8.5	6.8	2.8	13.8	1.9	500	
The Beef Stack No Bun	D,G,Su	394.4	2450	584.4	44.9	35.5	20.1	21.7	11.9	1960	622	11.4	9	5.1	5.5	3	498	
The Beef Stack White Bun	D,G,Sy,Su	494.4	3370	803.9	51.9	36.5	20.2	65.3	13.1	2530	682	10.5	7.4	4.1	13.2	2.7	511	
The Beef Stack Wrap	D,G,Su	484.4	3710	885.0	53	44.4	24	68.1	13.4	2680	765	10.9	9.2	5	14	2.8	554	
The Beef Stack Wholemeal	D,G,Sy,Su	494.4	3420	815.8	53.3	38.1	21.1	61.6	13.3	2560	691	10.8	7.7	4.3	12.5	2.7	517	
Stockman's No Bun	Sy,E, GF	274	2400	572.5	32.1	46.1	9	9.9	5.7	2190	878	11.7	16.8	3.3	3.6	2.1	800	
Stockman's White Bun	G,Sy,E	374	3320	792.0	39.1	47.1	9.1	53.5	6.9	2750	889	10.4	12.6	2.4	14.3	1.8	736	
Stockman's Wrap	G,Sy,E	364.5	3660	873.1	40.2	55	12.9	56.4	7.2	2910	1000	11	15.1	3.6	15.5	2	800	
Stockman's Wholemeal	G,Sy,E,D	374	3370	803.9	40.5	48.7	10	49.8	7.1	2780	901	10.8	13	2.7	13.3	1.9	744	
The Spice Rack No Bun	E, GF	305.2	1970	469.9	34.9	31.8	9.3	10.8	5.6	1080	644	11.4	10.4	3	3.5	1.8	356	
The Spice Rack White Bun	G,E,Sy	405.2	2880	687.0	41.9	32.8	9.4	54.4	6.8	1650	712	10.3	8.1	2.3	13.4	1.7	407	
The Spice Rack Wrap	G,E	395.7	3220	768.1	43.1	40.8	13.2	57.2	7.1	1810	815	10.9	10.3	3.3	14.5	1.8	457	
The Spice Rack Wholemeal	G,E,Sy,D	405.2	2930	699.0	43.3	34.4	10.3	50.7	7	1680	723	10.7	8.5	2.5	12.5	1.7	414	
BOSS No Bun	G,Su	205	1750	417.5	18.9	32.8	10.6	15.7	10.7	976	855	9.2	15.3	5.2	7.6	5.2	476	
BOSS White Bun	G,Sy,Su	305	2670	636.9	25.9	32.4	10.6	59.3	11.9	1540	876	8.5	10.6	3.5	19.4	3.9	505	
BOSS Wrap	G,Su	295.5	3010	718.0	27	40.4	14.4	62.1	12.1	1700	1020	9.2	13.6	4.9	21	4.1	575	
BOSS Wholemeal	G,D,Sy,Su	305	2720	648.9	27.3	34	11.6	55.6	12.1	1570	891	9	11.1	3.8	18.2	4	514	
LAMB																		
Moroccan No Bun	G,T,E,Su	241	944	224.8	17.5	25.5	7.6	11.5	4.8	836	392	7.3	10.6	3.2	4.8	2	347	
Moroccan White Bun	G,T,E,Su,Sy	341	1860	442.9	24.5	26.5	7.7	55.1	6	1400	546	7.2	7.8	2.3	16.2	1.8	410	
Moroccan Wrap	G,T,E,Su	331.5	2200	523.8	25.7	34.4	11.5	57.9	6.3	1560	664	7.8	10.4	3.5	17.5	1.9	471	
Moroccan Wholemeal	G,T,E,Su,D,Sy	341	1910	454.8	25.9	28.1	8.6	51.4	6.2	1430	559	7.6	8.2	2.5	15.1	1.8	419	
Mediterranean No Bun	D,G,T,Sy,E,Su	231	1320	314.3	18.1	36.8	10	7.3	3.6	1020	570	7.8	15.9	4.3	3.2	1.6	440	
Mediterranean White Bun	D,G,T,Sy,E,Su	331	2240	533.3	25.1	37.8	10.1	50.9	4.8	1580	676	7.6	11.4	3	15.4	1.5	478	
Mediterranean Wrap	D,G,T,Sy,E,Su	321.5	2580	614.3	26.2	45.7	13.9	53.7	5.1	1740	801	8.2	14.2	4.3	16.7	1.6	542	
Mediterranean Wholemeal	D,G,T,Sy,E,Su	331	2280	542.9	26.5	39.4	11	47.2	5	1610	689	8	11.9	3.3	14.3	1.5	486	
Lamborghini No Bun	G,Su	231.8	463	110.2	15.6	13.6	6.8	9.4	5.1	838	216	7.3	6.4	3.2	4.4	2.4	392	
Lamborghini White Bun	G,Sy,Su	313.8	1380	328.6	22.6	14.6	6.9	53	6.3	1400	440	7.2	4.7	2.2	16.9	2	447	
Lamborghini Wrap	G,Su	304.3	1720	409.5	23.7	22.6	10.7	55.8	6.6	1560	566	7.8	7.4	3.5	18.3	2.2	513	
Lamborghini Wholemeal	G,Sy,D,Su	313.8	1420	338.1	24	16.2	7.8	49.3	6.5	1430	454	7.6	5.2	2.5	15.7	2.1	456	

MENU ITEM	ALLERGENS	Per Serve (g)	Energy (KJ)	Calories (Cal)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbs Total (g)	Carbs Sugars (g)	Sodium (mg)	Energy (KJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbs Total (g)	Carbs Sugars (g)	Sodium (mg)
LAMB Cont..	GF-GLUTEN FREE		Per Serve	Per Serve	Per Serve	Per Serve	Per Serve	Per Serve	Per Serve	Per Serve	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g
Sunday Roast No Bun	G,E,Sy,Su	344	2010	478.6	21.5	39.6	11.5	36.9	10.5	1240	585	6.3	11.5	3.3	10.7	3.1	361
Sunday Roast White Bun	G,E,Sy,Su	444	2930	697.6	28.5	40.6	11.6	80.5	11.7	1800	660	6.4	9.1	2.6	18.1	2.6	407
Sunday Roast Wrap	G,E,Sy,Su	434.5	3270	778.6	29.7	48.5	15.4	83.3	12	1960	752	6.8	11.2	3.5	19.2	2.8	452
Sunday Roast Wholemeal	G,E,Sy,Su,D	444	2970	707.1	29.9	42.2	12.5	76.8	11.9	1830	670	6.7	9.5	2.8	17.3	2.7	413
CHICKEN																	
Plain and Simple No Bun	E,Su GF	211	967	230.7	22.4	11.5	1.3	9.5	7.6	550	458	10.6	5.5	0.6	4.5	3.6	260
Plain and Simple White Bun	G,E,Sy	311	1880	448.5	29.4	12.5	1.4	53.1	8.8	1110	606	9.4	4	0.5	17.1	2.8	358
Plain and Simple Wrap	G,E	291.5	2180	520.0	30.4	20.5	5.2	53.7	7.3	1220	749	10.4	7	1.8	18.4	2.5	420
Plain and Simple Wholemeal	G,E,Sy,D	311	1930	460.4	30.8	14.1	2.3	49.4	9	11.4	620	9.9	4.6	0.7	15.9	2.9	367
Bombay Bash No Bun	D GF	248	911	217.3	25.5	7.8	2	9.8	6.8	470	367	10.3	3.1	0.8	3.9	2.8	190
Bombay Bash White Bun	G,D,Sy	348	1830	436.5	32.5	8.8	2.1	53.4	8	1030	526	9.4	2.5	0.6	15.3	2.3	297
Bombay Bash Wrap	G,D	298.5	2000	477.1	31.6	14.3	4.9	53.8	6.1	1040	671	10.6	4.8	1.6	18	2.1	348
Bombay Bash Wholemeal	G,D,Sy	348	1870	446.1	33.9	10.4	3	49.6	8.2	1060	538	9.8	3	0.9	14.3	2.4	305
Crumbed Parma No Bun	G,E,D	265.5	1940	462.8	31.6	29.2	8.5	19.7	8.9	921	732	11.9	11	3.2	7.4	3.3	347
Crumbed Parma White Bun	G,E,D,Sy	365.5	2860	681.0	38.6	30.2	8.6	63.3	10.1	1480	783	10.6	8.3	2.4	17.3	2.8	406
Crumbed Parma Wrap	G,E,D	356	3200	761.9	39.8	38.2	12.4	66.1	10.3	1640	900	11.2	10.7	3.5	18.6	2.9	462
Crumbed Parma Wholemeal	G,E,D,Sy	365.5	2910	692.9	40	31.8	9.5	59.6	10.3	1510	795	10.9	8.7	0.6	16.3	2.8	414
Hula No Bun	D,Sy,E GF	307	1840	438.9	33.7	26.8	9	16.7	15.4	1180	601	11	8.7	2.9	5.4	5	385
Hula White Bun	G,D,Sy,E	407	2760	658.4	40.7	27.8	9.1	60.3	16.6	1750	679	10	6.8	2.2	14.8	4.1	429
Hula Wrap	G,D,Sy,E	402.5	3110	741.9	42	35.8	12.9	63.4	16.7	1860	773	10.4	8.9	3.2	15.7	4.1	461
Hula Wholemeal	G,D,Sy,E	407	2810	670.3	42.1	29.4	10	56.6	16.8	1780	690	10.3	7.2	2.5	13.9	4.1	436
Chicken Deluxe No Bun	E GF	291	1880	448.5	34.1	30.6	10	10.2	8.2	1180	648	11.7	10.5	3.4	3.5	2.8	404
Chicken Deluxe White Bun	G,E,Sy	391	2800	667.9	41.1	31.6	10.1	53.8	9.4	1740	717	10.5	8.1	2.6	13.8	2.4	445
Chicken Deluxe Wrap	G,E	341.5	2650	632.2	41.6	29.3	12.9	49.7	4.5	1590	776	12.2	8.6	3.8	14.6	1.3	465
Chicken Deluxe Wholemeal	G,E,Sy,D	391	2850	679.9	42.5	33.2	11	50.1	9.6	1770	728	10.9	8.5	2.8	12.8	2.4	452
Chilli Chick No Bun	E GF	276.6	1530	365.0	30.2	24.6	5.6	6.1	4.3	1140	553	10.9	8.9	2	2.2	1.6	413
Chilli Chick White Bun	G,E,Sy	376.6	2450	584.4	37.2	25.6	5.7	49.7	5.5	1700	650	9.9	6.8	1.5	13.2	1.5	453
Chilli Chick Wrap	G,E	367.1	2790	665.6	38.4	33.6	9.5	52.5	5.8	1860	759	10.4	9.2	2.6	14.3	1.6	508
Chilli Chick Wholemeal	G,E,D,Sy	414.6	2450	584.4	37.2	25.6	5.7	49.7	5.5	1700	650	9.9	6.8	1.5	13.2	1.5	453
Peri Peri No Bun	E GF	229	1570	373.8	22.6	29.9	3.3	3.5	2.9	404	685	9.9	13	1.4	1.5	1.3	176
Peri Peri White Bun	G,E,Sy	329	2490	592.9	29.6	30.9	3.4	47.1	4.1	968	756	9	9.4	1	14.3	1.2	294
Peri Peri Wrap	G,E	319.5	2830	673.8	30.8	38.8	7.2	49.9	4.4	1130	884	9.6	12.2	2.2	15.6	1.4	353
Peri Peri Wholemeal	G,E,Sy,D	329	2530	602.4	31	32.5	4.3	43.4	4.3	996	769	9.4	9.9	1.3	13.2	1.3	303
Hail Caesar No Bun	G,E,D,Se	261	2120	504.8	38.7	35.2	10	9	6.4	1260	812	14.8	13.5	3.8	3.5	2.5	483
Hail Caesar White Bun	G,E,D,Se,Sy	361	3040	723.8	45.7	36.2	10.1	52.6	7.6	1820	842	12.6	10	2.8	14.6	2.1	506
Hail Caesar Wrap	G,E,D,Se	351.5	3380	804.8	46.8	44.2	13.9	55.4	7.9	1980	961	13.3	12.6	4	15.8	2.2	565
Hail Caesar Wholemeal	G,E,D,Se,Sy,D	361	3080	733.3	47.1	37.8	11	48.9	7.8	1850	854	13	10.5	3	13.6	2.2	514
VEGETARIAN																	
Hot Potato No Bun	G,D,E,Sy,Su	209	1930	460.4	10.4	29.9	8.1	35.7	12.8	741	922	5	14.3	3.9	17.1	6.1	354
Hot Potato White Bun	G,D,E,Sy,Su	309	2850	679.9	17.4	30.9	8.2	79.3	14	1300	921	5.6	10	2.6	25.7	4.5	422
Hot Potato Wrap	G,D,E,Sy,Su	299.5	3180	758.6	18.6	38.8	12	82.1	14.2	1460	1060	6.2	13	4	27.4	4.8	489
Hot Potato Wholemeal	G,D,E,Sy,Su	309	2890	689.4	18.8	32.5	9.1	75.6	14.2	1330	936	6.1	10.5	2.9	24.5	4.6	432
Vegan Delight No Bun	G, Sy	294.6	1120	267.2	8.2	8.6	1.6	35.6	15.7	994	380	2.8	2.9	0.5	12.1	5.3	337
Vegan Delight White Bun	G, Sy	394.6	2040	486.6	15.2	9.6	1.7	79.2	16.9	1560	516	3.9	2.4	0.4	20.1	4.3	395
Vegan Delight Wrap	G, Sy	385.1	2380	567.7	16.4	17.5	5.5	82	17.1	1720	617	4.2	4.6	1.4	21.3	4.4	446
Vegan Delight Wholemeal	G, Sy,D NO	394.6	2080	496.2	16.6	11.2	2.6	75.5	17.1	1590	528	4.2	2.8	0.7	19.1	4.3	402
Pulse No Bun	D,G,T,Sy,E	240	1510	360.2	10.6	24	3.4	24.4	4.7	1070	630	4.4	10	1.4	10.2	2	444
Pulse White Bun	D,G,Sy,E	340	2430	579.7	17.6	25	3.5	68	5.9	1630	715	5.2	7.3	1	20	1.7	479
Pulse Wrap	D,G,Sy,E	353.5	3160	753.8	19.6	42.6	8.4	71.3	6.6	1790	893	5.6	12	2.4	20.2	1.9	506
Pulse Wholemeal	D,G,Sy,E	340	2470	589.2	19	26.6	4.4	64.3	6.1	1660	728	5.6	7.8	1.3	18.9	1.8	488
Veggie Patch No Bun	G,D,E,Sy	279	2050	489.0	12.7	33	9.2	34	9.3	906	734	4.5	11.8	3.3	12.2	3.3	325
Veggie Patch White Bun	G,D,E,Sy	379	2960	706.1	19.7	34	9.3	77.6	10.5	1470	782	5.2	9	2.5	20.5	2.8	388
Veggie Patch Wrap	G,D,E,Sy	369.5	3300	787.2	20.8	42	13.1	80.4	10.8	1630	894	5.6	11.4	3.6	21.8	2.9	441
Veggie Patch Wholemeal	G,D,E,Sy	379	3010	718.0	21.1	35.6	10.2	73.9	10.7	1500	794	5.6	9.4	2.7	19.5	2.8	396
KIDS																	
Kids Chicken Burger	D,G	133.5	1070	255.2	17.7	4.6	2.6	34.5	3.4	662	799	13.3	3.4	2	25.8	2.5	496
Kids Beef Burger	D,G,Su	146	1260	300.6	16	9.5	5.2	37.1	3.7	842	865	10.9	6.5	3.6	25.4	2.5	576

MENU ITEM	ALLERGENS	Per Serve (g)	Energy (KJ)	Calories (Cal)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbs Total (g)	Carbs Sugars (g)	Sodium (mg)	Energy (KJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbs Total (g)	Carbs Sugars (g)	Sodium (mg)	
		Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g	Per 100g
SALADS																		
Tandoori	D GF	247	792	188.9	24.8	6.2	1.5	7.1	4.8	1330	320	10	2.5	0.6	2.9	1.9	537	
Caesar	D,G,E,Se	198	1800	429.4	19.8	27.8	7.7	25.9	8.3	1170	912	10	14	3.9	13.1	4.2	590	
Caesar with Chicken	D,G,E,Su,Se	288	2220	529.6	40.5	29	8.1	26.6	9	1400	769	14.1	10	2.8	9.2	3.1	484	
Caesar w/t Dressing	D,G,E	158	1250	298.2	19.1	17.3	6.7	16.4	2.1	830	789	12.1	10.9	4.2	10.4	1.3	525	
Caesar with Chicken w/t dressing	D,G,E,Su	248	1660	396.0	39.9	18.5	7.1	17.2	2.8	1060	668	16.1	7.4	2.8	6.9	1.1	426	
Geek salad basic	D GF	249	983	234.5	11.8	16.5	9.3	7.4	6.3	860	395	4.7	6.6	3.7	3	2.5	346	
Greek salad with lamb	G,D	339	1280	305.3	25.8	29.4	16	10.8	7.6	1360	378	7.6	8.7	4.7	3.2	2.2	402	
Greek salad with beef	G,D	364	1780	424.6	29.2	27.5	14.8	13.4	7.5	1450	490	8	7.6	4.1	3.7	2.1	398	
Greek salad with chicken	D GF	339	1390	331.6	32.6	17.6	9.7	8.1	6.9	1090	411	9.6	5.2	2.9	2.4	2	321	
Thai Chicken	Se(dressing) GF	301	692	165.1	24	1.7	0.5	10	9	1130	230	8	0.6	0.2	3.3	3	375	
Thai Dressing	Se	40	384	91.6	3.7	0.6	0.1	14.1	13.2	2060	384	3.7	0.6	0.1	14.1	13.2	2060	
SIDES/CHIPS																		
Onion Rings	G	120	1140	271.9	5.1	15.4	3.7	27.8	3.3	474	954	4.2	12.9	3.1	23.1	2.8	395	
Mini Potato Cakes	G,D,Su	150	2120	505.7	4.5	32.8	5.9	49.1	0.6	608	1420	3	21.8	3.9	32.8	0.4	406	
Small CHIPS	G	175	1540	367.4	4	28	5.4	24	1.6	349	878	2.3	16	3.1	13.7	0.9	200	
Large CHIPS	G	361	4140	987.6	10.8	75.5	14.6	64.7	4.4	941	1140	3	20.9	4	17.9	1.2	260	
BREAD ROLLS																		
White Sourdough	G,Sy	100	919	219.2	7	1	0.1	43.6	1.2	564	919	7	1	0.1	43.6	1.2	564	
Wholemeal	G,Sy,D	100	963	229.7	8.4	2.6	1	39.9	1.4	593	963	8.4	2.6	1	39.9	1.4	593	
Gluten Free Roll	E GF	200	2380	567.7	12	10	1.6	104	6.4	1370	1190	6	5	0.8	51.8	3.2	683	
Tortilla Wraps	G	90.5	1260	300.6	8.2	9	3.9	46.4	1.4	724	1390	9	9.9	4.3	51.3	1.6	800	
SEASONING																		
Chook salt	Sy GF	10	84	20.0	0.2	0.1	0.1	4.6	3.9	2030	838	2.3	0.9	0.9	45.6	39	20300	
Sea Salt	GF	10	0	0.0	0	0	0	0	0	3700	0	0	0	0	0	0	37000	
Tuscan	GF	10	88	21.0	0.5	0.2	0.1	4.2	3.5	1600	876	4.6	2.3	0.9	41.9	35.1	16000	
Mexican	GF	10	132	31.5	1	0.5	0.1	5.7	3.3	591	1320	9.6	5.2	0.8	56.8	33	5910	
Parmesan	D GF	10	175	41.7	3.3	2.7	1.7	0.5	0.3	121	1750	33.3	27.2	17	5.1	2.8	1210	
DIPPING SAUCE																		
Aioli	E, GF	44.5	1100	262.4	1.2	30.2	2.6	0.9	0.2	503	2460	2.7	67.8	5.9	1.9	0.4	1130	
Relish	GF	52.5	219	52.2	0.5	0.2	0.1	11.7	8.9	252	418	1	0.3	0.1	22.3	17	480	
Tomato Sauce	GF	51.5	215	51.3	0.8	0.5	0.5	11.4	11	654	418	1.5	0.9	0.9	22.2	21.3	1270	
Mustard Aioli	E GF	44.5	1160	276.7	1.2	30.2	2.2	1.2	0.3	247	2600	2.6	67.8	5	2.7	0.7	556	
BBQ Sauce	Sy GF	50.5	250	59.6	0.3	0.1	0.1	14.4	12.1	493	496	0.6	0.1	0.1	28.5	24	976	
Hot Chilli	GF	45.24	166	39.6	0.8	1	0.2	6.8	3.9	426	367	1.7	2.2	0.5	15	8.7	942	
Peri Peri Mayo	E GF	44.5	1390	331.6	0.5	37.1	2.9	0.5	0.5	169	3090	1.2	82.4	6.5	1.1	1.1	376	
BURGERETTES																		
Original Edge Burgerette	G,E,Su,Sy	193	1430	341.1	15.1	13.4	3.6	39.4	5	860	741	7.8	7	1.9	20.4	2.6	446	
FTC Burgerette	D,G,Sy,Su	216	1520	361.9	18.9	13	7.5	41	8.6	1100	702	8.8	6	3.5	19	4	507	
BBQ Bacon Burgerette	G,Sy,E,Su	238	1940	461.9	21.1	24	6.6	40.8	6.4	1400	814	8.9	10.1	2.8	17.1	2.7	589	
Mushroom Burgerette	D,G,E,Su,Sy	230.5	1650	392.9	18.4	16.3	5.6	42.3	8.3	908	714	8	7.1	2.4	18.4	3.6	394	
Plain and Simple Burgerette	G,E,Sy	183	1210	288.1	16.2	8.2	0.9	36.5	5.5	722	661	8.8	4.5	0.5	19.9	3	394	
Bombay Burgerette	G,D,Sy	195	1130	269.0	18	4.7	1.1	36.8	4.3	600	579	9.2	2.4	0.6	18.9	2.2	308	
Moroccan Burgerette	G,D, Su	195	1210	288.1	14.1	15.2	4.1	37.9	3.4	820	621	7.2	7.8	2.1	19.4	1.7	420	
Pulse Burgerette	D,G,Sy,E	213.5	1670	397.6	12.1	17	2.4	47.6	3.7	1050	784	5.7	8	1.1	22.3	1.7	493	
Peri Peri Burgerette	G,E	195	1620	385.7	16.6	20.1	2.2	33.8	2.5	595	833	8.5	10.3	1.1	17.4	1.3	305	
Hot potato Burgerette	G,E,Sy,Su	165	1610	383.3	9.8	16.5	3.9	47.3	7	695	974	5.9	10	2.4	28.6	4.3	421	
Lamborghini Burgerette	G	184.6	924	220.0	13.1	7.7	3.6	37.4	3.9	841	500	7.1	4.2	1.9	20.3	2.1	456	

ALLERGEN INFORMATION

D = Contains DAIRY
G = Contains GLUTEN
T = Contains TREE NUT
Sy = Contains SOY
E = Contains EGG
Su = Contains SULPHITES
Se = Contains SEAFOOD

Our priority is to provide our customers with the information to make a choice based on their dietary requirements.
 At Burger Edge we take the utmost care to identify ingredients that may cause allergic reactions for those with food allergies.
 The information contained in this panel is based on manufacturer's information provided to Burger Edge.
 Although care is taken when making our burgers we cannot guarantee a 100% allergen free environment as cross-contamination may occur during the manufacture, storage or cooking process.

NUTRITIONAL INFORMATION

Burger Edge burgers are handmade and average serving sizes are based on the approved Burger Edge recipes and cooking instruction manual. As a result, variations may occur to these figures without notice due to unforeseen ingredient changes and/or quantities.
 Please use this panel as a guide only. Average adult daily intake of 8700Kj. Daily intake may be higher or lower depending on individual energy needs.

